

EMPLOYEE GUIDE TO NAVIGATING COVID-19: LINKS TO RESOURCES & OTHER HELPFUL INFORMATION

| MY SITUATION | HELPFUL LINKS & RESOURCES |
|---------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| I am in quarantine due to illness or self-isolation and I meet the eligibility criteria for EI Sickness Benefits . | Apply for employment insurance for sickness benefits |
| I have been temporarily laid off from my job and I meet the Employment Insurance eligibility criteria . | Apply for employment insurance for EI regular benefits |
| I have stopped working due to reasons related to COVID-19, but I do not meet the eligibility criteria of employment insurance. | You may be eligible for the Canada Emergency Response Benefit |
| I currently cannot work as I have to be home to watch my young children. | You may be eligible for the Canada Emergency Response Benefit |
| I have a medical note for a leave of absence from work. | You may be eligible to apply for employment insurance for sickness benefits |
| Where can I find additional dentalcorp resources relating to COVID-19? | You can see all our resources on our COVID-19 Resource page . |

ADDITIONAL INFORMATION ABOUT FEDERAL RESOURCES

| OTHER FEDERAL BENEFITS | DETAILS |
|-------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| GST Credit (GSTC) | <p>Canada is providing a one-time special payment starting April 9 through the Goods and Services Tax credit for low- and modest-income families. The average additional benefit will be close to \$400 for single individuals and close to \$600 for couples.</p> <p>There is no need to apply for this payment. If you are eligible, you will get it automatically.</p> |
| Enhanced Canada Child Benefit (CCB) | <p>Canada is providing an extra \$300 per child through the Canada Child Benefit (CCB) for 2019-20. This will mean approximately \$550 more for the average family.</p> <p>This benefit will be delivered as part of the scheduled CCB payment in May. Those who already receive the Canada Child Benefit do not need to re-apply.</p> |
| Additional time for tax filing | <p>The CRA is deferring the filing due date for the 2019 tax returns of individuals.</p> <p>For individuals (other than trusts), the return filing due date will be deferred until June 1, 2020.</p> <p>The CRA will also allow any new income tax balances due, or instalments, to be deferred until after August 31, 2020 without incurring interest or penalties.</p> |
| Mortgage Support | <p>Canadian banks have committed to work with their customer on a case-by-case basis to find solutions to help customers manage hardships caused by COVID-19. Anyone impacted should contact their financial institution regarding flexibility for a mortgage deferral.</p> |

[Canada's COVID-19 Economic Response Plan](#)